



HIGH PERFORMANCE UNIT

A.B.N. 25 003 215 923
 235-257 Meurants Lane, GLENWOOD NSW 2768
 PO Box 6146 BAULKHAM HILLS BUSINESS CENTRE NSW 2153
 Phone: (02) 8814 4436 Email: coaching@footballnsw.com.au Fax: (02) 8814 4484
www.footballnsw.com.au



FNSW ACADEMY 2011/2012

The Football NSW Academy forms part of the player pathway for both boys and girls aged 9-12 years. Football NSW have designed an intensive development program allowing them to train regularly with FNSW's highly experienced and qualified staff. These squads underpin the FNSW Skill Acquisition Program (SAP).

Our qualified and experienced instructors will create a positive learning environment in which players can development the necessary skills for footballing success. Our instructors work in line with the National Curriculum to develop player's technical skills and game intelligence.

The program is an off season, summer program starting in December and concluding by March 2012. The Academy mirrors the SAP program by training 3 sessions per week. This is the necessary yearly training load that is required to help develop expertise and sporting talent. The off season nature of the program aims to provide players with an opportunity to continue their football training between club seasons.

CENTRAL PROGRAM – Valentine Sports Park	
U9 & U10 Individual or Combined Age Groups (Born 2003,2002) 25 session program	U11 & U12 Individual or Combined Age Groups (Born 2001,2000) 25 session program
(3 x Per Week Dec – Mar 2012) <ul style="list-style-type: none"> • Playing strip & socks x 1 • Ball • January school holiday camp Cost for program = \$500 inc GST	(3 x Per Week Dec – Mar 2012) <ul style="list-style-type: none"> • Playing strip & socks x 1 • Ball • January school holiday camp Cost for program = \$500 inc GST
REGIONAL PROGRAMS – See Venues Below	
U/9 & U/10 Combined Age Groups (Born 2003,2002) 25 session program	U/11 & U/12 Combined Age Groups (Born 2001,2000) 25 session program
(3 x Per Week Dec – Mar 2012) <ul style="list-style-type: none"> • Playing strip & socks x 1 • Ball • January school holiday camp Cost for program = \$500 inc GST	(3 x Per Week Dec – Mar 2012) <ul style="list-style-type: none"> • Playing strip & socks x 1 • Ball • January school holiday camp Cost for program = \$500 inc GST

Regional Venues:

Sydney Central	Valentine Sports Park, (VSP) GLENWOOD
North	Sydney Academy of Sport (SAS) NARRABEEN
South	Knight Park, FAIRFIELD
East	Beaumont Park, BEXLEY NORTH
West	Hunter Fields, EMU PLAINS
Sutherland	Bates Drive, KAREELA



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PLEASE NOTE: The summer program will consist of an **ELITE** camp for the players during the January school holidays. This camp will be included in the cost of the program and will be counted as sessions.

DATES: Monday 23rd – Thursday 26th January 2012. (4 days)

TIME: 8:00am – 10:00am each day (2 hours per day)

VENUE: At the location of your program. (TBC closer to the date if changes)

SELECTION PROCESS: Players who express interest will be invited to 1 week free training with the coach who will assess all players and then select the squad at the end of the week. The players selected will then become the squad and continue training with the coach for the remainder of the program. Payment will be required after the assessment week.

Please mail, fax or email the form below if interested in trialing for the FNSW Academy on 8814 44 84 or PO Box 6146 Baulkham Hills BC 2153, or hayley@footballnsw.com.au

EXPRESSION OF INTEREST

Player's Name: _____
(Please print neatly)

Address: _____
_____ Post Code: _____

Date of Birth: _____ Phone: _____

Mobile: _____ E-Mail: _____

Age Turning in 2012; please circle:

Under 9 Under 10 Under 11 Under 12

Program: Please circle

Regions: Central North South East West Sutherland